



**THE OBSERVATORY**  
on Borderless Higher Education

# Mission Possible?

**The International Quest to Define and Improve Student Success**

A global forum on student well-being and outcomes in higher education



#stepchange

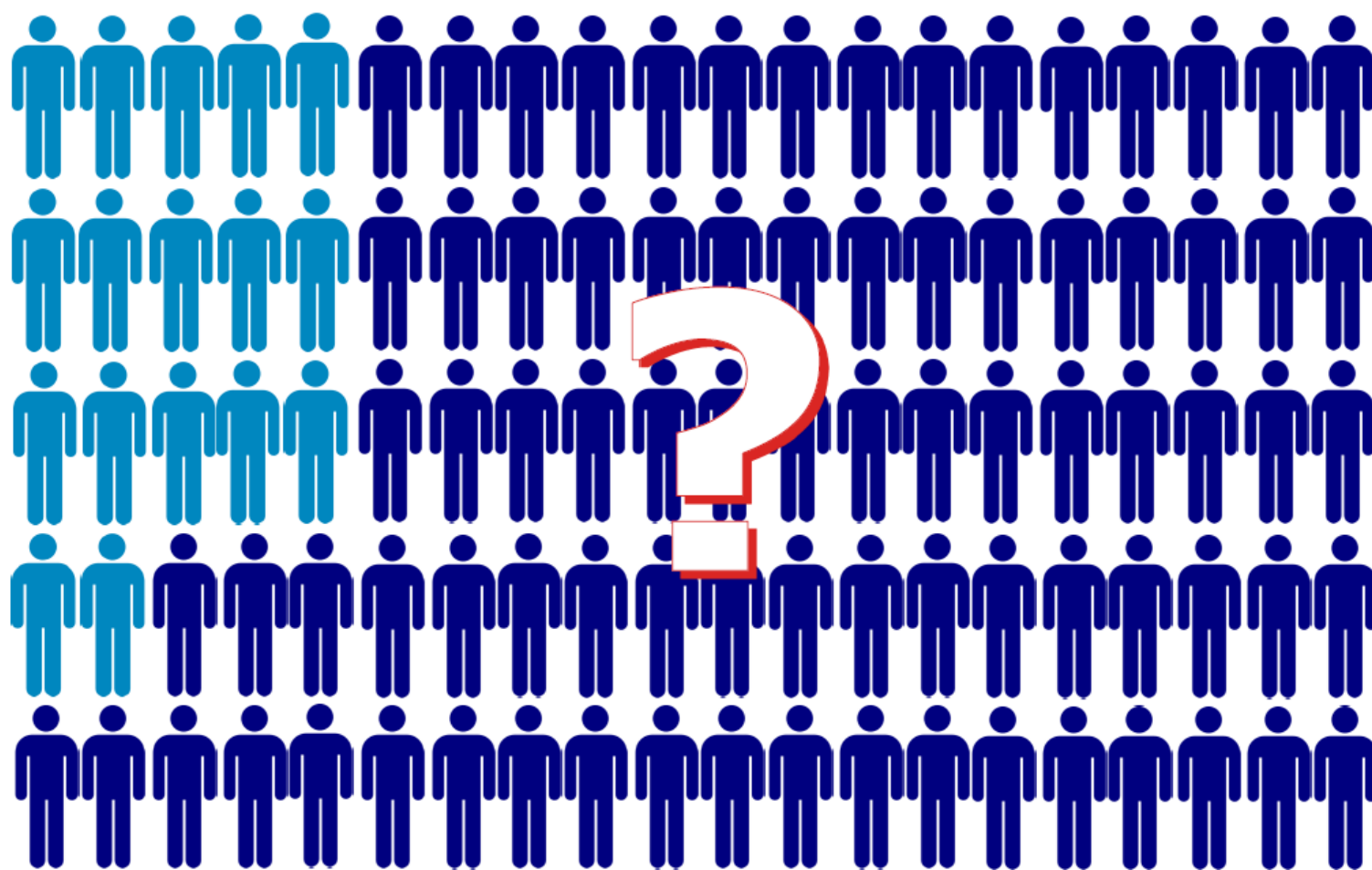
# MENTAL HEALTH IN HIGHER EDUCATION



# What is mental health?



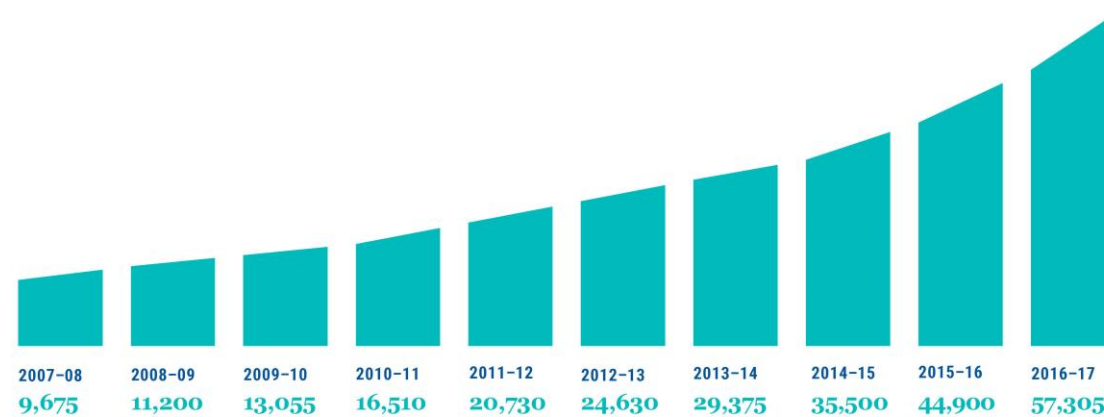
# Question



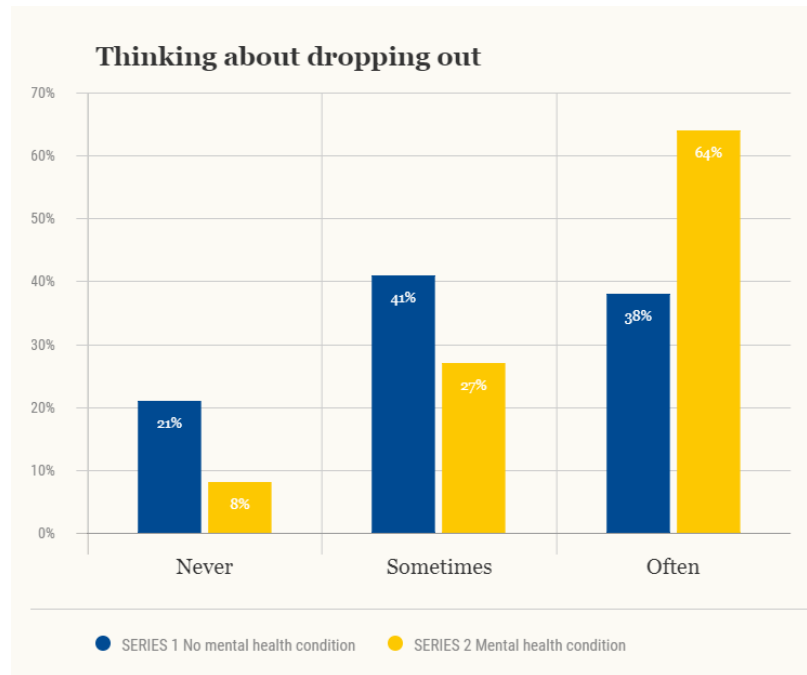
The onset of mood, anxiety, psychotic, personality, eating and substance use disorders peaks in adolescence and early adulthood: 50% by aged 14, 75% by aged 24.



The number of students disclosing a mental health condition to their higher education institution is increasing.



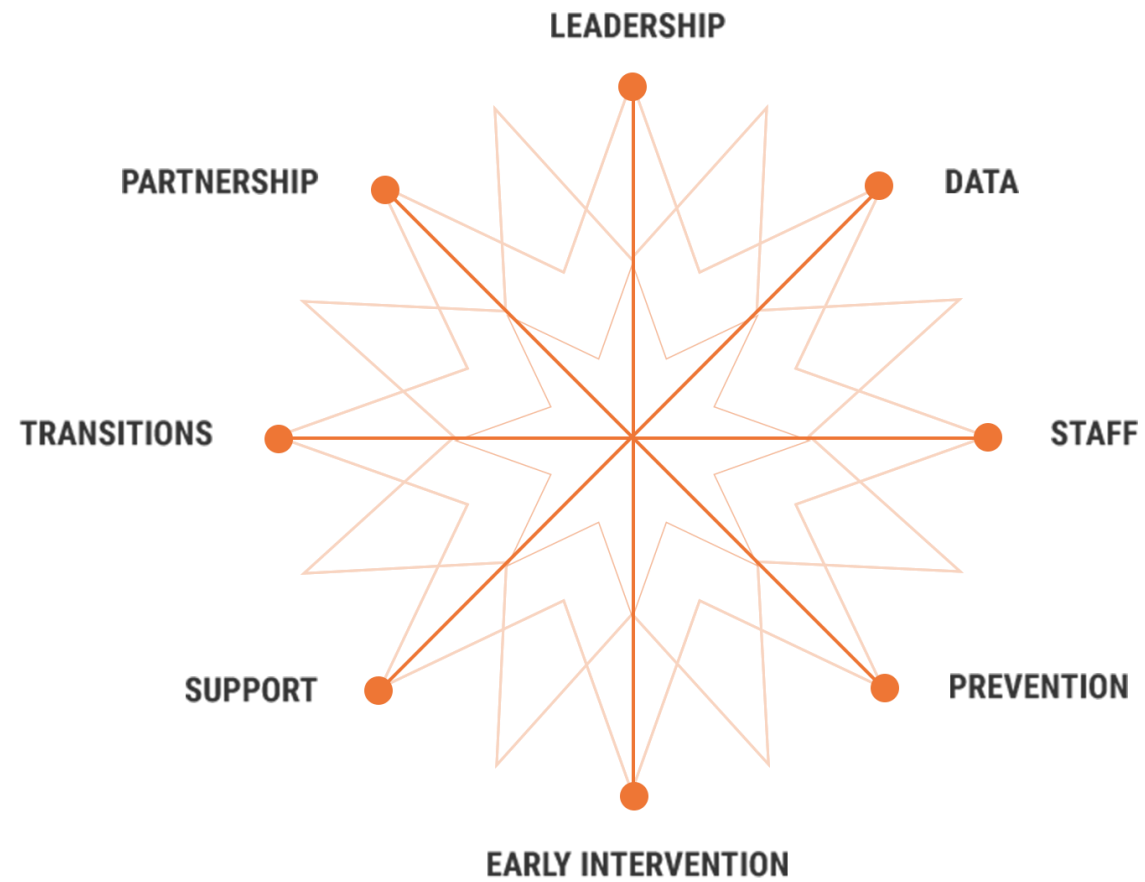
Source: IPPR analysis of Higher Education Statistics Agency data. Not by degrees: Improving student mental health in the UK's universities. 2017.



- Research in partnership with IPPR – published as '[Not by degrees](#)'
- [StepChange](#) framework – v2 coming soon
  - Shared vision and business case for mental health
  - Whole university approach
  - Leadership
- Implementation
  - Pilots, [what works wellbeing in HE](#), audit. Reporting – summer 2019
- Guidelines for NHS organisations and universities – published as '[Minding our future](#)' – May 2018
- Better suicide reporting. New data for England and Wales - June 2018 & research by Worcester
- Suicide-Safer Universities launched Sept 2018
- [Mental health in higher education newsletter](#)

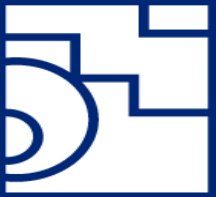
# Whole university approach





## GUIDANCE FOR UNIVERSITIES ON PREVENTING STUDENT SUICIDES





Universities UK

Thank you.

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